**There are three parts to the EDI training, each available in different formats. This summary is to help you find the right format for you.**

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| **Unconscious Bias Training** |
|  | [**Small group resources**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/introduction-to-unconscious-bias-for-church-councils-circuit-meetings-circuit-invitation-committees-and-other-groups/): **Video clips and questions for conversation** | **Online training from the** [**Learning Network**](https://www.eventbrite.co.uk/e/unconscious-bias-training-tickets-387493412227) | [**MCBX**](https://mcb.theologyx.com/) **online self-learning course** | [**3Generate**](https://www.methodist.org.uk/our-work/children-youth-family-ministry/events-including-3generate/3generate/join-the-delivery-team/)**: all volunteers receive UB training** |
| **Pros** | * Can be done in under an hour, e.g. as part of a meeting
* Allows people to do it alongside those they work with in the church
 | * A professional facilitator to lead
* Can be done from home
 | * You can do it in your own time at your own pace
* A more in-depth course
 | * You get to go to 3Generate!
 |
| **Cons** | * You need to all be together
* Someone needs to facilitate
 | * Need to book an available date
* Don’t get to do it with others in your own church community
 | * May be too in-depth for those not familiar with the ideas
* Requires being computer literate
 | * Takes a whole weekend in October
 |
| **Equality, Diversity and Inclusion Training** |
|  | [**MCBX**](https://mcb.theologyx.com/) **online self-learning course** | [**Study Group Notes**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/mandatory-edi-training-equality-diversity-and-inclusion/training-resources/) | **On-site** [**training session**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/mandatory-edi-training-equality-diversity-and-inclusion/training-resources/) | **District training resources** | **Design your own training event**(as long as you cover all of the content) |
| **Pros** | * You can do it in your own time at your own pace
 | * Done in conversation with others e.g. in a fellowship group
* All information provided
 | * Those without home internet can attend
* All information provided
 | * Those without home internet can attend
* Can be done in less time than using the connexional resources
 | * Use “If we are the Body” video for opening worship? Do “Don’t put people in boxes” as a physical activity rather than watching the video? Change the order? You can!
* Meet the needs of your community
 |
| **Cons** | * Requires being computer literate
 | * Takes multiple in-person sessions
 | * Still requires internet access
* Requires printing and facilitating
 | * Requires a knowledgeable facilitator to lead conversation as not all information printed
* Some reading in advance and afterwards
 | * Requires a knowledgeable and experienced facilitator (who has done the course themselves)
* Planning time (though District EDI Group and Learning Network can offer support)
 |
| **Further Annual Learning** |
|  | **Individual research and learning** | **Methodist** [**EDI Toolkit**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/edi-toolkit-equality-diversity-and-inclusion/edi-toolkit-modules/) | **Suggested** [**EDI learning resources**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/edi-learning-resources/) | **Group learning activities** |
| **Pros** | * Learn what **you** need
* Use the [Personal Responsibility Commitment](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/resources-events-and-support/resources/personal-responsibility-commitment/) to record it
 | * Traditionally structured learning modules
* Methodist approved content
 | * Massive range of reading, videos, courses on many topics
* All recommended by other Methodists
 | * Each group / committee can set their own EDI agenda and plan collective learning events
* Learn together with others within your own role and/or community
 |
| **Cons** | * Need ability and commitment to self-learning
 | * Designed as group learning activities, though could be read by individuals
 | * Won’t necessarily have a Methodist ethos
 | * Need to plan and organise the learning activities
 |